Cub Scout Hiking Manual

Hike Number: 20

Hike Location: Bear Spring Cabin, Appalachian Trail

Travel Distance: 34 miles from Ashburn Elementary School

Trail Head Location: Gathland State Park

900 Arnoldtown Rd, Jefferson, MD 21755

Blaze Color: White, Blue

Map Number: 20-1



Ability Level:

Difficulty: Challenging, 8 miles roundtrip

Description: Hike starts near the barn ruins on the AT northbound. The trail ascends gently out of the gap to the top of the mountain ridge and then gently rolls and winds across the top of the mountain. At approximately 3.5 miles, take the Blue trail .5 miles down the side of the mountain to Bear Spring Cabin. There will be a sign on the AT pointing toward the cabin.

Facilities: Water and bathrooms are available seasonally at Gathland State Park. There is a privy at Bear Spring Cabin.

Hazards: The Blue trail down to Bear Spring Cabin is steep, narrow and rocky. In the fall, leaf cover can make it slippery. Due to the distance of this hike, a high protein snack is recommended during a minimum recommended 20 minute rest at Bear Spring Cabin.

Cub Scout Adventure Requirements:

Webelos: Webelos Walkabout 1,3,6

Arrow of Light: Outdoorsman B 1,2,4